

Ladies on Spokes

Membership Registration

Name _____ (Please Print)

Address _____

City: _____ State _____ Zip _____

Birthday Month _____ Day _____

Home Phone (_____) _____ Cell (_____) _____

Email _____

How did you find out about Ladies on Spokes? _____

Best Days/Times to Ride:

Mon _____ Tues _____ Wed _____ Thur _____ Fri _____ Sat _____ Sun _____

Morning _____ Afternoon _____ Evening _____

Volunteer Opportunities

I am interested in helping with the following:

LOS Care Team _____ Work with Event Coordinator _____ Public Relations _____

Ride Leader _____

Please make checks payable to:

Ladies on Spokes

Mail to: PO Box 1752

Senoia, GA 30276

Dues Received on: _____

LADIES ON SPOKES WAIVER OF LIABILITY

Whereas, I (Please print your name) _____
ADDRESS _____ HOME
PHONE _____ WORK PHONE _____ have made a

voluntary request on my own initiative to participate in the membership and volunteerism of the Ladies On Spokes cycling club; now, therefore in consideration of the Ladies On Spokes allowing me to participate in the Ladies On Spokes meetings, rides, events and volunteer activities, I do hereby, for myself, my heirs, executors, and administrators, remise, release and forever discharge Ladies On Spokes, their officers, commissioned staff, representatives, instructors, Committee Members, affiliates, and agents, acting officially or otherwise (hereinafter referred to as the "Releasees") from any and all claims, actions, demands, or causes of action, on

account of my death or on account of my personal injury or damage to my personal property which may occur, regardless of whether or not said harm or injury occurs through the negligence,

misfeasance, or malfeasance on the part of the Releasees, or whether said harm or damage occurs

through acts of a person not a member of Ladies On Spokes. I **ACKNOWLEDGE** that I understand that Ladies On Spokes' membership, rides, meetings, events and volunteer activities

will involve active physical participation, which includes a potential risk of personal injury and/or personal property damage; and that I make the request to participate in the program with full knowledge of these risks. I **ASSUME THE RISK** of all injuries that may occur because of my participation in Ladies On Spokes. I **ACKNOWLEDGE** that my participation in Ladies On Spokes and any continued volunteer activities and participation in Ladies On Spokes' events is strictly voluntary. I **ACKNOWLEDGE** and **AGREE** to exercise reasonable care while participating in any of the Ladies On Spokes' meetings, rides, events, and volunteer activities. I further acknowledge that I am solely responsible for any medical or other expenses resulting from accidents, injuries, or illnesses that I may incur or be exposed to because of my participation with Ladies On Spokes cycling club.

I **HEREBY AGREE TO INDEMNIFY AND HOLD HARMLESS** the **Releasees** from and against any and all liability, loss, cost or expense (including attorneys' fees) arising from or in any

manner connected with being permitted to participate in Ladies On Spokes' meetings, rides, events and volunteer activities. I **HAVE READ AND UNDERSTAND THIS AGREEMENT**

AND BY SIGNING IT I VOLUNTARILY INTEND TO RELEASE AND INDEMNIFY RELEASEES FROM ANY AND ALL LIABILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE THAT RESULTS FROM MY PARTICIPATION IN LADIES ON SPOKES' MEETINGS, RIDES, EVENTS, AND VOLUNTEER ACTIVITIES,

DATE
SIGNATURE